



## Signature Salads

### Bold Beetroot Salad % P

Spinach, purple beets, golden beets, carrots, edamame, pears, goat cheese, walnuts, mint, **Beetroot Vinaigrette** 

### Cajun Tucoon Salad 🖾 🌣 🦻

Romaine, avocado, cherry tomato, corn, cucumber, green and red onions, roasted peppers, old bay shrimps, *Creole* 

### Crispy Sombrero Salad 🍣

Iceberg, avocado, black beans, cilantro, com, roasted peppers, green onions, cheddar, tortilla chips, grilled chicken, **Chimichuri** 

### Exotic Crab Cake Salad 🖾 🦻

Arugula, iceberg, coconut flakes, mango, peppers, strawberry, cilantro, grilled scallions, onions, mint, peanuts, crab cake, *Pineapple Vinaigrette* 

### Hearty Lentil Salad P

Yellow lentils, arugula, grilled asparagus, edamame, strawberry, raisins, dried cranberries, goat cheese, mint, cilantro, *Maple Vinaigrette* 

### Krunchy Kale & Ouinoa Salad P

Kale, black guinoa, apples, black beans, sweet potato, feta, **Smoky Vinaigrette** 

### Ruthless Wasabi Salad 📆 🦻

Market greens, glass noodles, carrots, enoki, peppers, snap peas, green onions, peanuts, Asian steak, Wasabi Cream

### Zippu Tofu Salad > P

Soba noodles, carrots, cilantro, cucumber, edamame, peppers, purple cabbage, green onions, grilled tofu, *Goma* 

42

38

46

42

36

42

34

40

### B.L.T Commander Salad 🔝 Iceberg, arugula, avocado, cherry tomato, corn, black beans,

**Classic Salads** 

feta, bacon, croutons, Ranch

### Courageous Chopped Salad 🏖 🦻

Romaine, apples, avocado, cherry tomato, corn, cucumber, onions, orange,

### I am Caesar 🛠 🦻

Romaine, tomato, parmesan, eggs, croutons,

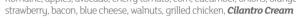
Arugula, romaine, cucumber, peppers, pomegranate, onions, tomato,

Romaine, cucumber, couscous, raisins, onions, olives, basil.

Arugula, romaine, tri-color fusilli, roasted peppers, onions, corn,

Romaine, avocado, cherry tomato, cucumber, eggs, cheddar,





bacon, grilled chicken, Caesar

### Fattoush Medleu @

bakla, mint, parsley, zaatar, labneh, tortilla chips, **Sumac** 

### Mediterranean Salad @

sun dried tomato, mint, feta, homemade bread, *Thyme Vinaigrette* 

### Pollo Polo 4 %

olives, parmesan, pesto chicken, *Thyme Vinaigrette* 

### Robert Howard's Cobb

bacon, grilled chicken, **Ranch** 





### **Create Your Own**

## **Step 01:** Choose your bed. Feel free to mix two





















## **Step 02:** Choose your 6 free portions of fruits and vegetables

Additional portions for aed 3. Free herbs! Basil, Cilantro, Mint























Edamame

Sweet Corn



















































Snap Peas

Couscous





Cucumbers

Strawberru





Pears

Tomato

Dried Cranberries







Eggplant



Portobello

Tomato











**Step 03:** Add cheese, nuts, eggs for aed 3 or meats, tofu for aed 10



## **Step 04:** Choose your free dressing



## Wraps

### Buffalo Chicken (aed 28) 🏖 🛇

Tortilla wrap, iceberg, tomato, green onions, aged cheddar, buffalo chicken, *Sour Cream* 

### Cajun Prawns (aed 30) 🔊 🛇

Tortilla wrap, coleslaw, avocado, tomato, cucumber, cilantro, old bay shrimps

### Mexican Burrito (aed 30)

Tortilla wrap, iceberg, avocado, black beans, corn, onions, salsa, cheddar, beef chili, *Sour Cream* 

### Veggie (aed 25) P

Tortilla wrap, baby spinach, avocado, cilantro, grilled zucchini, peppers, onion, feta, *Avocado Mousse* 

## **Create Your Own Wrap**

### Step 01: Choose your wrap (+aed 10)

Regular Tomato Spinach Whole Wheat

### **Step 02**: Choose up to 5 ingredients (+aed 3 each)

Iceberg Olives Basil Tomato Black beans Romaine Avocado Cilantro Cheddar Green onions Eggplant Edamame 7ucchini Mozzarella Onions Sweet corn Portobello Halloumi Carrots Peppers

### **Organic Soups**

### Mixed Lentil Soup (aed 22)

An exciting blend of Tri-color lentils, herbs, hint of garlic and fresh aromas from the old world

### Tomato Soup (aed 22)

You will love this rich and velvety soup with a fragrant mix of thyme and basil

### Mushroom Soup (aed 24)

Smooth, hearty and warming with intensely earthy flavors

### Soup of the Day (aed 26)

Another freshly prepared soup. Don't forget to ask about it!

### Step 03: Choose your meats or tofu (+aed 5)

Asian Beef Buffalo Chicken Sautéed Shrimps
Grilled Tofu Grilled Chicken Old Bay Shrimps

### Step 04: Choose your dressing (free)

Avocado Chimichurri Sour Cream
Basil Pesto Blue cheese Thousand Island
Chipotle Ranch Honey Mustard
Cilantro Romesco Wasabi

### **Juices & Drinks**

# Freshly squeezed (aed 16) Freshly squeezed Navel oranges Pressed Granny Smith apples

Fresh watermelon, lemon & mint

### Cold pressed juices (aed 18)

### Mean & Green

A refreshing mix of kale, apple and coconut water

### **Orange Galore**

A blend of peach, orange, carrot and hibiscus Tea

### **Heart Beet**

A hearty mix of beetroot, spinach and orange

### **Delicious smoothies (aed 20)**

### **Peachy Berries**

Orange juice mixed with peaches, raspberry and homemade custard

### **Coco Boost**

Coconut milk mixed with banana, mango and faxseed

### **Berry Banana**

Vanilla yogurt mixed with banana and strawberry

### Still water, Sparkling water, soft drinks (aed 6)

### **Desserts**

### Mixed Fruit Salad (aed 22)

Pineapple, green apple, strawberry, orange, banana, kiwi and cool mint syrup

### Nutella Wrap (aed 26) 🦃

Tortilla wrap, Nutella®, banana, strawberry, kiwi, cashews, cayenne pepper

### Cheesecake (aed 20)

Smooth, rich and creamy topped with strawberry compote

### Rice Pudding (aed 18)

Silky and rich texture with dried fruits and vanilla accent



# **Our Story**

Because the salad was adamant about being served center stage, it decided to up its game a notch. It demanded wider range of ingredients and bigger portions of quality proteins. It insisted upon getting the fresh and rich components mixed well with mouth watering dressings so that every single bite would deliciously burst with full flavor. Stood firm about being customized as desired, served online, and delivered quickly. This courageous salad needed an address of course, a place to see and be seen, a place to make a difference in your busy day, and that's how Richy's came to be.