

Order Online
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800-RICHYS
○-(742497)


## Signature Salads

Bold Beetroot Salad \& $\wp$ Spinach, purple beets, golden beets, carrots, edamame, pears,
Cajun Tycoon Salad Do 8 Romaine, avocado, cherry tomato, corn, cucumber,
green and red onions, roasted peppers, old bay shrimps, Creole
Crispy Sombrero Salad Iceberg, avocado, black beans, cliantro, com, roasted peppers,
green onions, cheddar, tortilla chips, griled chicken, Chimichuri
Exotic Crab Cake Salad 0
Arugua, iceberg, coconut flakes, mango, peppers, strawbery, cilantro,
Hearty Lentil Salad $\ominus$
Yellow lentils, arugula, grilled asparagus, edamame, strawbery,
Vellow lentils, aruqula, grilled asparagus, edamame, strawbery,
aisins, dried cranberies, goat cheese, mint, cilantro, Maple Vinaigrette
Krunchy Kale \& Quinoa Salad $\emptyset$
Kale, black quinoa, apples,
feta,
Smoky Vinaigrette
Ruthless Wasabi Salad 78 Market greens, glass noodles, carrots, enoki, peppers, snap peas
, Wasabi
oba noodes, carrots, clantrio
purple cabbage, green onions grilled tofu, Gom

Classic Salads
B.L.T Commander Salad

Iceberg, arugula, avocado, cherry tomato, corn, black beans
Courageous Chopped Salad 80
Romaine, apples, avocado, cherry tomato, com, cucumber, onions, orange
strawberry, bacon, blue cheese, walnuts, grilled chicken, cilantro cream
I am Caesar 80
Romaine, tomato, parmesan, eggs, croutons
Fattoush Medley $\wp$
Arugula, romaine, cucumber, peppers, pomeqranate, onions tomato Arugua, romaine, cucumber peppers, pomegranate, onions
Mediterranean Salad $\curvearrowleft$
Romaine, cucumber, couscous, raisins, onions, olives, basil,
sunn dried tomato, mint, feta, homemade bread, Thyme Vinaigrette
Pollo Polo 80
Arugula, romaine, tri-color fusili, roasted peppers, onions, con
.
Robert Howard's Cobb \&
Romaine, avocado, chery toma Romaine, avocaado, cherry toma

Step 01: Choose your bed. Feel free to mix two
(3)

Step 02: Choose your 6 free portions of fruits and vegetables

| Apples | C) <br> Artichoke | Hytan= <br> Arugula |  |  |  |  | 23and <br> Black Beans | ack |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Carrots | Cherry Tomato |  | Pearl Couscous | Cucumbers |  | Edamame | Eggplant | Grapefruit |  |
|  | Mushroom |  | New Potato |  | $\frac{1}{\text { Pears }}$ |  |  |  | Pumpkin |
|  | Hed |  | $(1)$ |  | Sun dried |  | $\underset{\substack{\text { anet } \\ \text { sweta }}}{ }$ |  |  |
| Cabbage | Raisins | Red Onions | Snap Peas | Strawberry | Tomato | Sweet Corn | Sotato | Tomato | cch |

Step 03: Add cheese, nuts, eggs for aed 3 or meats, tofu for aed 10


Step 04: Choose your free dressing

## Wraps

Organic Soups

Create Your Own Wrap
Step 01: Choose your wrap (+aed 10)
Regular Tomato Spinach Whole Wheat

Step 02: Choose up to 5 ingredients (+aed 3 each)

| Iceberg | Tomato | Olives | Basil |
| :--- | :--- | :--- | :--- |
| Romaine | Avocado | Black beans | Cilantro |
| Green onions | Eggplant | Edamame | Cheddar |
| Onions | Zuchini | Sweet corm | Mozzarella |
| Peopers | Carnts | Pottoello |  |

$$
\begin{aligned}
& \text { Mixed Lentil Soup (aed 22) } \\
& \text { An exciting blend of Tri-color lentils, herbs, hint of garlic } \\
& \text { and fresh aromas from the old world } \\
& \text { Tomato Soup (aed 22) } \\
& \text { You will love this rich and velvety soup with a fragrant mix of } \\
& \text { thyme and basil } \\
& \text { Mushroom Soup (aed } 24 \text { ) } \\
& \text { Smooth, hearty and warming with intensely earthy flavors } \\
& \text { Soup of the Day (aed } 26 \text { ) } \\
& \text { Another freshly prepared soup. Don't forget to ask about it! }
\end{aligned}
$$

Freshly squeezed (aed 16)
Freshly squeezed Navel oranges
Pressed Granny Smith apples
Fresh watermelon, lemon \& mint
Cold pressed juices (aed 18)
Mean \& Green
A refreshing mix of kale, apple and coconut water
Orange Galore
A blend of peach, orange, carrot and hibiscus Tea
Heart Beet
hearty mix of beetroot, spinach and orange

Delicious smoothies (aed 20)
Step 03: Choose your meats or tofu (+aed 5) Asian Beef Buffalo Chicken Sautéed Shrimps $\begin{array}{lll}\text { Asian Beee } \\ \text { Grilled Tofu } & \text { Buffalo Chicken } \\ \text { Grilled Chicken } & \text { Sauteed Shrimps } \\ \text { old Bay Shrimps }\end{array}$ Step 04: Choose your dressing (free) Avocado Chimichurri Sour Cream $\begin{array}{lll}\text { Basil Pesto } & \begin{array}{l}\text { Blue cheese } \\ \text { chipotle }\end{array} & \begin{array}{l}\text { Thousand Island } \\ \text { Ranch }\end{array} \\ \text { Honey Mustard }\end{array}$ Cilantro Romesco Wasabi

Peachy Berries
Coco Boost
Coconut milk mixed with banana, mango and faxseed
Berry Banana
Vanilla yogurt mixed with banana and strawberry
Still water, Sparkling water, soft drinks (aed 6)

Mixed Fruit Salad (aed 22) ineapple, green apple, strawberry, orange, banana Pineapple, green apple, st
kiwi and cool mint syrup

Nutella Wrap (aed 26) 80 Tortilla wrap, Nutella@, ban
cashews, cayenne pepper

Cheesecake (aed 20
Smooth, rich and creamy topped with strawberry compote
Rice Pudding (aed 18)
silky and rich texture with dried fruits and vanilla accent

## Our Story

Because the salad was adamant about being served center stage, it decided to up its game a notch. It demanded wider range of ingredients and bigger portions of quality proteins. It insisted upon getting the fresh and rich components mixed well with mouth watering dressings so that every single bite would deliciously burst with full flavor. Stood firm about being customized as desired, served online, and delivered quickly. This courageous salad needed an address of course, a place to see and be seen, a place to make a difference in your busy day, and that's how Richy's came to be.

