

#### **BALI BOWLS**

#### **Acai Bowl**

organic acai, strawberries, banana, blueberries, coconut, granola, dried fruit, popped quinoa 38

# **Raspberry & House Made Almond Butter Bowl**

raspberries, banana, strawberries, almond butter, honey, soy milk, granola & coconut 35

## **BREAKFAST**

#### Toast and....

jam | butter or vegemite 15

## **Eggs on Togst**

2 organic eggs on sourdough, sliced heirloom tomatoes, sea salt & olive oil 27

## **Smashed Avocado**

smashed avocado, Persian feta, mint & pomegranate, sourdough 34 add 2 organic eggs 15

## **Scottish Smoked Salmon Scramble**

smoked salmon, eggs, pumpernickel toast, pickled ginger, scallions &black onion seed 42

#### **Toasted Banana Bread**

whipped mascarpone, lemon & date drizzle, berries & crunchy bits 27

# **House Made Almond Butter Toast**

house made almond butter, banana, honey, toasted white sesame brittle 27

#### **Bystro Made Greek Honey Yoghurt & Granola**

Greek honey yoghurt, house made granola & fresh berries 25

## **Coconut Chia Pudding**

layered activated charcoal, coconut chia pudding, fresh mango & mint 22

**Bacon, Egg & Cheese Sandwich** 34

**Turkey Ham, Cheese & Tomato Sandwich 34** 

**Turkey Ham & Cheese Croissant 21** 

#### SALADS

# Bystro Halloumi Salad

fresh greens, grilled halloumi, charred corn, wild black & red rice w/ apple cider honey dressing 35

# **Superfood Superbowl Salad**

green kale, blueberries, beetroot, zucchini, toasted almonds, Japanese mushrooms & ginger mustard dressing 35

## **Quinoa & Baked Falafel Salad**

house made falafel bits, fresh greens, roasted carrots, sweet potatoes & lemon ginger dressing 35

# **Bystro Quicky Salads**

In a hurry, check out the deli fridge for today's quickies. Small, simple, and of course, quick.. 22

## **SANDWICHES**

#### **Bystro Cubano**

pressed sandwich with mojo braised chicken, turkey ham, dill pickles, gruyere cheese & dijon aioli 44

## Caprese

fresh ripe tomatoes, basil peso & mozzarella pressed on buttery foccacia 34

## **Bystro Tuna Baguette**

yellow fin tuna, celery, red onion, fresh tomatoes, whipped mayo & lemon Greek yoghurt dressing 34

# Turkey Ham, Cheese & Tomato Sandwich

on grilled white sourdough 34

## **Veggie Hummus Wrap**

romaine, black olives, cucumber, feta, red onion, tomatoes, mint, oregano & chickpea hummus 34

# Grilled Chicken, Zucchini & Blueberry Wrap

grilled chicken, zucchini noodles, blueberries, basil, carrots & honey lime yoghurt dressing 34

#### **Turkey & Avocado**

juicy turkey breast, baby gem lettuce, fresh tomato & avocado 34

# **Bystro Turkey BLT**

brisket bacon, sliced turkey, fresh tomato & avocado on toasted white sourdough 44



## COFFEE

**Espresso | Short Mac** 15

**Double Espresso | Long Mac** 17

Flat White | Cafe Latte | Cappuccino Long Black 20

Iced Americano | Iced Latte | Golden Latte Hot Chocolate 26

**Black Coffee** 

V60 | Chemex | French Press 28 Colombian | Ethiopian Sidamo

Make it Large | Almond or Soy 3

## JING SINGLE ESTATE TEA

**English Breakfast** 20

Earl Grey 20

**Chamomile** 20

**Peppermint 20** 

Jade Sword Green 20

**Jasmine Silver Needle 20** 

## **ESSENTIALLY JUICE**

**Skinny Jeans** 

grapefruit | fennel | apple 16

**Sunny Daze** 

orange | apple | lemon | grapefruit | cayenne | ginger | turmeric 16

**Black Lemonade** 

lemon | apple | agave | activated charcoal | Himalayan salt 16

**Easy Green** 

apple | cucumber | romaine | spinach | celery | lime 16

Fresh Orange Juice 22



# **Blueberry Smoothie**

blueberries, banana, almond milk, cacao nibs, organic acai powder, chia seeds 28

# **Mango Smoothie**

mango, hung yoghurt, cashew nuts, organic acai powder, flax seeds, white mulberries, chia seeds 28

#### **Banana Nut Smoothie**

banana, cacao nibs, flax seeds, peanut butter, almond milk 28

#### **Matcha Smoothie**

matcha powder, kale, spinach, banana, chia seeds, almond milk 28

#### **Cashew & Coconut Smoothie**

cashew nuts, spinach, banana, mint, cacao nibs, almond milk, vanilla & coconut water 28

## **HOMEMADE YOGURT**

Fancy a healthy treat? Check out the delifridge for today's flavour(s) of homemade yogurt pots 12

## WATER

Waterfalls Premium Still or Sparkling Water Small 15 | Large 24

**Al Ain Water** 

500ml 5

# EMMA & TOM'S NATURAL SPARKLING DRINKS

**Organic Cola 24** 

Raspberry 24

**Lisbon Lemon 24** 

Orange 24

## **RUBROS ICED TEA**

Organic Caffeine Free Rooibos Iced Tea

Peach 12

Lemon 12

Berry 12

